

Key events are often the topic of news stories. A key event is an important moment in history for a person, sport, or organization. Choose one of the key events from the BMX timeline on pages 6 and 7 of the book, and write a news story about it in the space provided below. Use your own paper if you need more space.

News stories focus on a specific event and date in time. If there is more than one side to the story, be sure to present both. The story should include the answer to five key questions:

1. Who is the story about? This may be a person, group, organization, or company, for example.
2. What is the event? It may be a competition, protest, or concert, for example.
3. Where did the event take place? This should include the city or town and venue.
4. When did the event take place? This should include the complete date and, if possible, the time.
5. Why is the event important? Explain why the event is relevant. How did the event impact people or the community?




Using the space provided, label each piece of equipment used by a BMX rider. Then, write a short sentence or two explaining why the BMX rider needs these items, how they are used, or what they are made of. Check your answers on pages 8 and 9 of the book.



Using the information found on pages 12–19 in the book, and research online, create a records chart for your favorite X Games BMX event. Be sure to include the top three male or female athletes for each of the last three years of the event. Also include his or her rank, score, and any important details as to how each athlete achieved his or her final score.

An example from the X Games Vert competition has been done for you.

YEAR	ATHLETE NAME	RANK	SCORE	DETAILS
2014	Jamie Bestwick	1	92.66	9th consecutive Vert gold medal for Jamie Bestwick

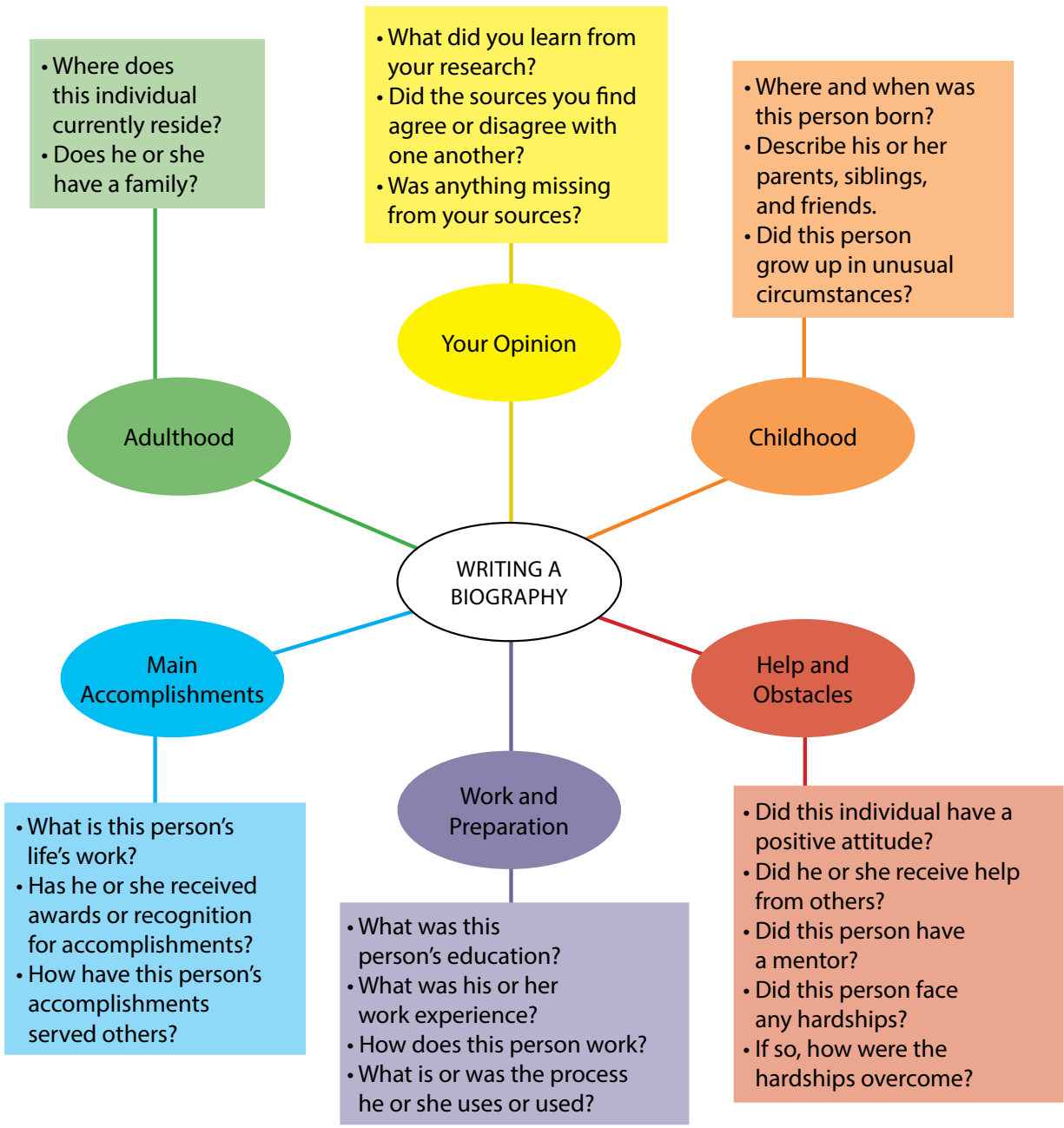


Using the information found in *BMX*, verify whether the following statements are true or false. Check your answers in the book. If the answer is false, write the correct answer below the statement. List the page number where you found the information beside your answer.

- |             |   |   |                |  |
|-------------|---|---|----------------|--|
| Statement 1 | BMX riders in the X Games Vert event have 90 seconds to perform their tricks. | <input type="checkbox"/> True<br><input type="checkbox"/> False | Page<br>Number |  |
| Statement 2 | Racing BMX bikes are heavier than BMX freestyle bikes.                        | <input type="checkbox"/> True<br><input type="checkbox"/> False | Page<br>Number |  |
| Statement 3 | The X Games record for most air off a quarterpipe is 22 feet (6.7 meters).    | <input type="checkbox"/> True<br><input type="checkbox"/> False | Page<br>Number |  |
| Statement 4 | Ray'sMTB Park is the largest skatepark in the world.                          | <input type="checkbox"/> True<br><input type="checkbox"/> False | Page<br>Number |  |
| Statement 5 | Mat Hoffman has invented over 100 freestyle tricks.                           | <input type="checkbox"/> True<br><input type="checkbox"/> False | Page<br>Number |  |



Professional BMX riders, such as Mat Hoffman, Jamie Bestwick, and Dave Mirra, did not achieve success overnight. Years of dedication and perseverance shaped them into the BMX legends they are today. Choose a professional BMX rider that you are interested in learning more about. Then, use online research to help you write a short biography about that person. Use the concept web below as a guide.





## Quiz

Test your knowledge of BMX by answering these quiz questions. Check your answers in the activity pack.

NAME

DATE

1

In what year were the first X Games held?

2

Where were the first BMX races held?

3

What are the five BMX disciplines in the X Games?

4

What company built the Stingray bicycle?

5

In which BMX discipline does Jamie Bestwick ride?

6

How many riders compete in the Park event?

7

What is the most important piece of safety equipment for a BMX rider?

8

How long do runs last in the Vert competition?

9

How many inches is the diameter of a standard BMX wheel?

10

How long is the drop from the top of the MegaRamp in the Big Air event?



## Key Words Match-Up

Write the words from the list below in the box above the correct definition for each word.  
Check your answers on page 31 of the book.

NAME

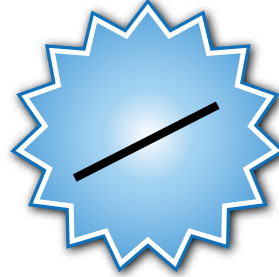
DATE

berms  
concave  
disciplines  
execution

halfpipe  
moto X  
spines  
tailwhips

terrain  
tread

Your  
Score is



=

%

1.   
ramps that are made from two launch ramps that are placed back-to-back with a small deck between them

2.   
a piece of land and its natural features

3.   
two ramps that curve inward and are facing each other with an area of flat ground between them

4.   
the knobby rubber on a tire

5.   
tricks done when the back end of the bike spins all the way around while the front end remains in one place

6.   
flat strips of land that are raised and border along roads or bodies of water

7.   
focused studies in different skills or techniques

8.   
a sport in which specially designed motorcycles are raced on dirt and concrete tracks or used to perform tricks

9.   
curved inward

10.   
the carrying out of an action and the quality of that action





## Quiz Answer Key

Compare your quiz answers with the answer key below.

NAME

DATE

1. 1995
2. Newport, Rhode Island
3. Big Air, Dirt, Park, Street, Vert
4. Schwinn
5. Vert
6. 10
7. A helmet
8. 60 seconds
9. 20
10. 80 feet (24 m)

